
Cyberbullying is not just on social media.

Online abuse can take place in any environment; gaming, direct messages, group chats, forums, even school emails.



Save

Save screenshots, messages or other evidence somewhere safe.



Report

Report the account or behaviour to the platform, and tell a trusted adult.



Block

Block the account so they can't continue contacting you.



Support

Talk to someone you trust and get the support you need.



**Online
Responsibility
Network**

