



Online Responsibility Day 26/27

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Key Stage 2

Activity Book

Name: _____

Class: _____



Puzzle time!

Wordsearch

Easy

Circle the online safety words in the wordsearch below and tick the boxes on the right when you find them.

F	T	R	U	S	T	J	L
K	G	K	D	E	N	O	N
I	I	I	R	L	L	N	S
N	C	R	E	P	O	R	T
D	R	D	P	F	T	Q	R
F	R	E	S	P	E	C	T
L	B	X	R	W	G	M	E
P	A	S	S	W	O	R	D



- ☐ Kind
- ☐ Trust
- ☐ Report
- ☐ Respect
- ☒ Password



Crack the Code

Easy

Can you find the secret message?

Find each letter in the top row of the key. The letter underneath shows what it really means. Write the letters to reveal the hidden message!

Key	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
Code	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z

What's the secret message?

11	5	5	16
	E	E	

25	15	21	18

16	1	19	19	23	15	18	4
P							

19	1	6	5
			E

Protecting your identity

Username are often used to help us find each other online.

Choosing a username can be fun and creative, but a good username shouldn't include;

- your real name
- your age or the year you were born
- your school name
- your home address



Activity: Safe or Risky?

Easy

Circle **SAFE** or **RISKY** for each username.

If you choose "**RISKY**" write down why you think it's risky.



Username	Is it safe?	Is it risky?	If it's risky, why?
<i>Chloe_Barnes2014</i>	Safe	Risky	
<i>xXRedDragonXx</i>	Safe	Risky	
<i>JakeM_StAndrewsPrimary</i>	Safe	Risky	
<i>footballfan_abc99</i>	Safe	Risky	

Activity: Build Your Own Username

Easy

Create a fun username using made-up words, animals, colours or things you like.

Example: *WobblyTigerRainbow*

My new username:

.....

Draw a picture of yourself using the internet.

You could be: playing a game, watching a video, talking to friends or family, learning something new, making or drawing something online!

Tell us about your picture.

.....

.....

Who are you sharing with?

Before sharing anything online, it's important to think about who can see it. The safest people to connect and share with online are people you know and trust in real life. Never share personal information, such as your full name, address, school or passwords.

Activity: Safe or Risky?

Easy

Circle **SAFE** or **RISKY** for example.

If you choose "**RISKY**" write down why you think it's risky.

Example	Is it safe?	Is it risky?	If it's risky, why?
<i>Sharing a photo of your pet with family</i>	Safe	Risky	
<i>Telling someone your home address</i>	Safe	Risky	
<i>Sharing your password with a friend</i>	Safe	Risky	
<i>Adding someone from your class on a game</i>	Safe	Risky	
<i>Telling someone online which school you go to</i>	Safe	Risky	
<i>Sharing a drawing you've made</i>	Safe	Risky	

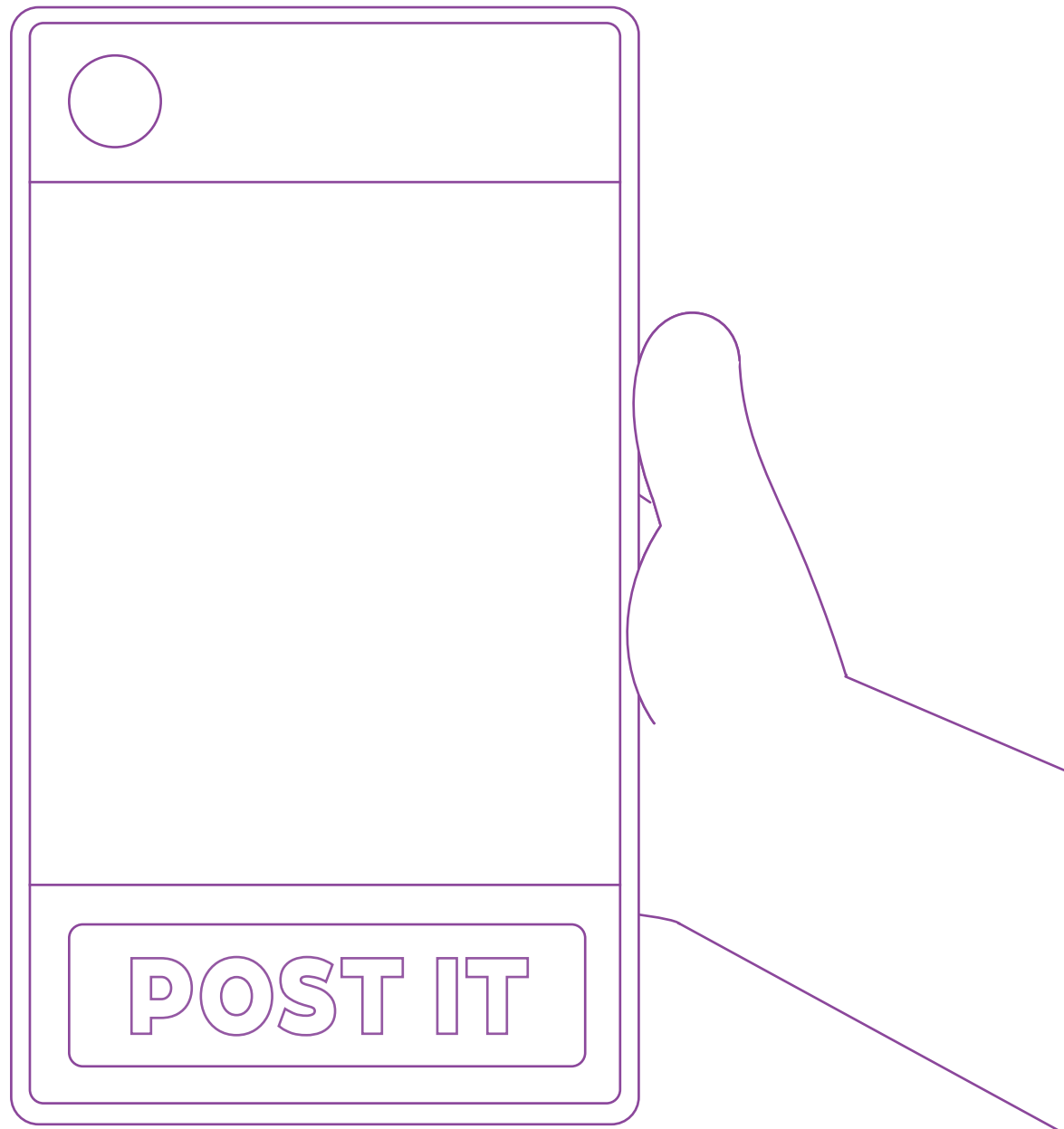
Before you share anything online, ask yourself:

- Who can see this?
- Do I know and trust the people I'm sharing with?
- Does it include any personal information?
- Would I be happy for others to see it?
- Is it safe to share?



Ready to Share?

Draw a picture of something you think would be safe to share with others online.



Talk about why you're comfortable sharing this online with your group. Do others agree?



Screen time check-in

Televisions, mobile phones, laptops and tablets all have screens that we sometimes use to work, play games and watch videos.

The amount of time we spend looking at these screens can add up – this is called “Screen Time”. It’s surprisingly easy to lose track of time staring at screens!

Activity: Screen Time Check!

Medium

Think about a normal week. How often do you do these activities?
Circle one answer for each activity.

Activity	How often			
<i>TV, Films and online videos</i>	<i>Everyday</i>	<i>Most days</i>	<i>Some days</i>	<i>Never</i>
<i>Online Gaming</i>	<i>Everyday</i>	<i>Most days</i>	<i>Some days</i>	<i>Never</i>
<i>Video calls and messaging</i>	<i>Everyday</i>	<i>Most days</i>	<i>Some days</i>	<i>Never</i>
<i>Doing homework online</i>	<i>Everyday</i>	<i>Most days</i>	<i>Some days</i>	<i>Never</i>

Activity: Balance It Out!

Easy

Write down three things you can do this week that don’t involve looking at a screen

Example: ride my bike, bake a cake, start a new book



Artificial Intelligence (AI)

Online, things aren't always what they seem – including people.

Artificial Intelligence (AI) can make videos and images that look and sound real, even when they're not. If you're unsure, ask a trusted grown-up and think carefully before sharing them.

Activity: Stop and Check!

Medium

Read each example below.

Circle whether you think it might be created using AI or if you think it's real?

<i>A photo of yourself, but you have seven fingers on one hand</i>	It might be AI	It's probably real
<i>A photo from your cousin's birthday party</i>	It might be AI	It's probably real
<i>A video of a dog dancing</i>	It might be AI	It's probably real
<i>A handwritten birthday card from your grandma.</i>	It might be AI	It's probably real

**AI can make things look and sound real.
Before you trust something, ask:**

- Can I check this somewhere else?
- Does the information make sense?
- Could this image, video or voice have been made with AI?
- Is someone trying to shock me, persuade me or trick me?
- If I'm unsure, can I check with a trusted adult?



How will AI look in YOUR future?

More and more people use AI every day to create realistic pictures and videos. By typing just a few words, we can create websites, games, translate languages and even program robots!

How would you use AI to make the world a better place?

Think of a problem you'd like to solve and draw a picture in the box below of your invention.

My AI invention can:

.....

.....

Who's got your back?



It's not just our responsibility to protect ourselves online. The people who create our apps, games, websites and technology have a responsibility too.

As the world changes and we invent more ways to use technology, we need to also invent ways to stay safe.

Activity: Safety Checklist

Medium

Tick the safety features you think games or apps should have.

- ☐ *Easy ways to report bad behaviour*
- ☐ *Bright colours and fun graphics*
- ☐ *Clear rules on words that aren't allowed*
- ☐ *Millions of people using it*
- ☐ *A way to block people*
- ☐ *Checks the age of users*
- ☐ *Clear about what happens to your information.*
- ☐ *Ways to stream the funny videos*
- ☐ *Helpful tips on how to use it*



If something feels wrong on an app or game, tell a trusted adult so that they can use the '**Report**' button.

This helps make things better for everyone, so you're a real hero!

The BIG quiz

How much have you learned?

Tick the one correct answer for each question!

1. Before you write something online, you should...

- | | |
|---|---|
| ☐ Stop and think, is this kind and true? | ☐ Make it as funny as possible |
| ☐ Write the first thing you think of | ☐ Copy what your friends say |

2. Which of these usernames is the SAFEST to use?

- | | |
|---|--|
| ☐ Jake_Smith2014 | ☐ football_bob_manchester |
| ☐ EmmaT_SalfordPrimary | ☐ RedShark13 |

3. What's the main thing to remember before posting or sharing online?

- | | |
|--|---|
| ☐ If celebrities will see my post | ☐ Will it hurt someone's feelings? |
| ☐ Will I get more followers? | ☐ Am I better than my friends? |

4. You've had a lot of screen time this week. What could you do next?

- | | |
|---|---|
| ☐ Keep using the screen, it'll be fine | ☐ Take a break, do something offline |
|---|---|

5. What should you do if you're not sure whether something online is real?

- | | |
|---|---|
| ☐ Believe it straight away | ☐ Ask a trusted grown-up |
| ☐ Share it with everyone | ☐ Never use the internet again |

6. Which is more likely to help keep people safe online?

- | | |
|---|---|
| ☐ No rules, do what you want. | ☐ Sharing passwords with friends |
| ☐ Influencers creating football videos | ☐ An easy way to report problems |

7. If something online upsets you, what should you do?

- | | |
|--|--|
| ☐ Ignore it and hope it goes away | ☐ Tell a trusted grown-up |
| ☐ Send it to lots of people | ☐ Delete everything |



SCORE:

Top Tips

- Think about how your words make others feel. Would you be happy if someone said them to you?
- Stop and think before you share something online. Is it kind and safe?
- Keep personal information private and don't share it online.
- Protect your identity by creating a username that doesn't give away who you are, or where you live.
- Make sure you have time for the other things you enjoy offline.
- If something looks too shocking or feels a bit weird, it might not be real. Don't believe everything you see.
- Report anything that doesn't feel right. It helps everyone to stay safe, not just you.
- Remember: you get to decide what kind of person you want to be online.



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How would you feel if you received any of these comments?